



## 2010 Oceania Weightlifting Championships and the

### Olympic Youth Qualification

#### TIMETABLE

##### **Monday 3 May 2010**

18:00

Verification of entries will be held at Fiji Olympic House

##### **Tuesday 4 May 2010**

09:00

OWF Congress

##### Opening Ceremony

16:00

Doors Open for Spectators

16:30

Arrival of Invited Guests

16:50

Arrival of Chief Guest

17:00 – 17:55

Official Opening

18:00

Presentation of Athletes for Session 1

Session 1 – 18:15

50kg & 56kg Men

##### **Wednesday 5 May 2010**

Session 2 - 10:00

62kg Men

Session 3 - 12:30

69kg Men

Session 4 - 15:00

77kg Men

Session 5 - 17:30

85kg Men

##### **Thursday 6 May 2010**

Session 6 - 10:00

44kg, 48kg Women

Session 7 - 12:30

53kg, 58kg Women

Session 8 - 15:00

63kg, 69kg Women

Session 9 - 17:30

75kg, 75+kg Women

##### **Friday 7 May 2010**

Session 10 - 10:00

94kg Men

Session 11 - 12:30

105kg Men

Session 12 - 15:00

+105kg Men

##### **Friday 7 May 2010**

Closing Ceremony - 19.30

(Please note that this timetable is subject to change once verification of entries is concluded)