COMMONWEALTH WEIGHTLIFTING FEDERATION

Latest News

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2011 COMMONWEALTH CHAMPIONSHIPS: CAPE TOWN-SOUTH AFRICA

The 2011 Commonwealth Senior, Junior and Youth Championships are scheduled for October 10th -15th in Cape Town, South Africa. The preliminary entries have started to come in and indications are that it will be another outstanding event. South Africa organised the 1997 World Junior Championships in Cape Town and that was a great success.

The Competition and training venue is the Good Hope Centre in Cape Town The accommodation is at the Garden Court Hotel, Eastern Boulevard, Woodstock

The President of South Africa Weightlifting, Mr. Kevin du Plooy is the Chairman of the Organising Committee The venue for the championships is the **GOOD HOPE CENTRE,** the same venue that the 1997 World Junior Championships were held. The accommodation will be at the Garden Court Hotel, in Woodstock. The Organising Committee in conjunction with the CWF will keep Commonwealth countries informed of all developments as we get closer to the championships.

2011 WORLD JUNIOR CHAMPIONSHIPS – PENANG, MALAYSIA.

This is what Dr Ajan said on this year's World Juniors: ***"Dato' Ong Poh Eng, with his clear and honest approach; his vast experience and his organizational skills is a most reliable pillar and a great asset to World and to Asian Weightlifting. Penang being the main centre for weightlifting proved several times its capabilities to deliver a prestigious event and I am happy to state that the Malaysian Weightlifting Federation and the Organizing Committee excelled once again and delivered the best Junior World Championships ever," said Dr. Tamás Ján.***

The IWF Congress held at the Equatorial Hotel
(Photo from the IWF)

Penang welcomed the 272 participating lifters and over 400 other officials and guests from 76 countries . The athletes produced outstanding performances during the 8 days of competition. Every athlete, official and guest stayed at the magnificent 5 star Equatorial Hotel. The food, the transport, the training and the competition facilities were all carefully prepared in order to give the athletes maximum benefit. The warm hospitality of Malaysian people was appreciated by all participants and guests. The Equatorial Hotel was also the venue for the unique opening ceremony, with all IWF meetings held there as well.

This photo of Michelle Kahi from Australia was used on all banners and posters.

At the Closing Ceremony, YB Lydia Ong Kok Fooi, Penang's Minister for Youth and Sport emphasized the importance of international sporting events and their ability to foster friendship and brotherhood amongst athletes and officials. All in all, an absolutely magnificent event.

On behalf of every Commonwealth country attending these championships we wish to say thank you to Penang for the friendly hospitality received by everyone involved with the event. And thank you to Malaysia for organising three major events within a 20 month period. October 2009 the Commonwealth Championships, December 2010 the World Grand Prix for Clubs and in June/July 2011 the World Junior Championships.

YB Lydia Ong Kok Fooi
(Photo from the IWF)

The warm up area at the World Juniors In Penang.

Paul Coffa in Penang with Mr. Zhang Zhigou General Manager (ZKC- Zhangkong Barbell) with Mrs Liu Guonhong and Mrs He Yanhia.

Bronco Deiranauw (Nauru) competing in the 69Kg category in Penang.

COMMONWEALTH RECORDS AT THE ARAFURA GAMES.

Once again the Arafura Games was held in conjunction with the Oceania & South Pacific Championships. The Australian Weightlifting Federation as usual did a great job with the organisation. The event ran smoothly and the competition hall, the Darwin Entertainment Centre was an ideal venue. 130 competitors from 17 countries took part. There were some great performances with 6 Commonwealth records set. Itte Detenamo of Nauru set five Commonwealth records, with 182kg and 184kg snatch, 229kg clean & jerk and 406kg and 413kg total. Whilst Yukio Peter also of Nauru, in the 77kg category set a Commonwealth record in the snatch with 157kg.

A happy father, Vinson Detenamo President of the CWF with his son Itte at the Arafura Games in Darwin after Itte set 5 Commonwealth records.

Front page of the Northern Territory newspaper carrying a photo of Itte Detenamo with his 229Kg jerk.

XIV PACIFIC GAMES IN NEW CALEDONIA

Eleven Oceania countries belonging to the Commonwealth will take part in this month Pacific Games to be held in Noumea, New Caledonia starting 27th August to 10th September. The Pacific countries taking part are: **Niue, Tonga, Cook Islands, Samoa, Tuvalu, Vanuatu, Solomon Islands, Papua New Guinea, Nauru and Kiribati**. (Fiji not a current member) The weightlifting event has attracted 18 countries, the second highest sport in country participation, just behind athletics. There will be 27 sports taking part with weightlifting expected to be the highlight of the games. The President of France, H.E. Nicolas Sarkozy and many Pacific Island leaders will be in attendance, including H.E. Marcus Stephen of Nauru.

H.E. Nicolas Sarkozy, President of the French Republic.

NC 2011
Pacifique Attitude

CHINESE NATIONAL TEAM IN WALES

The Welsh Weightlifting Federation is currently hosting the national team of China. The training venue has been well equipped and is located at Bangor University , North of Wales. Congratulations to Ray Williams the General Secretary and to all members of the Welsh Weightlifting Federation for organising this training camp, giving the Welsh junior lifters an opportunity to see the best in action.

TECHNICAL MEETING GREAT BRITAIN

A technical seminar was held at the Crystal Palace National Sports Centre from 29 - 31 July 2011, the course was delivered by Sam Coffa, Chairman of the IWF and CWF Technical Committee. The course was funded by the International Weightlifting Federation (IWF), the London Organising Committee of the Olympic Games and Paralympic Games (LOCOG) together with auxiliary assistance from British Weightlifting. The aim of the course was to provide technical up-skilling for officials to ensure the officiating at the London 2012 Olympic Games will be of the highest standard. 34 local technical officials participated in the seminar.

"Not only did the training course provide local officials the opportunity to fine tune their skills, the programme itself created a significant legacy piece for the sport in Great Britain and Northern Ireland - to which LOCOG is proud to have initiate," said Matthew Curtain, London 2012 Weightlifting Manager and Vice President of the CWF.

The set up at the Bangor University –North of Wales where the national Chinese team is training.
(Photo from Ray Williams)

The technical seminar officials attending the course In Great Britain- Crystal Palace National Sports Centre.
(Photo from the IWF)

FAREWELL DEAR FRIEND..

Wally Holland, for many years a leader in our sport and truly an unforgettable character, sadly passed away in Oxford on June 28th Wally as known to all of us was a unique figure in weightlifting worldwide.
His natural skill for administration and diplomacy led him to be appointed assistant secretary of the International Weightlifting Federation for 14 years, as well as being president of the European Federation 1987 to 1999. Wally was made a Member of the Weightlifting Hall of Fame in 1995.
His wit, humour and vitality which he kept for a very long time, well into his 80s, made him a popular and beloved figure all around the world. His great services to his country were rewarded by HM the Queen by awarding him the OBE title.
From 1976 to 1984 he was Executive Board Member of the IWF, and from 1984-1988 he served as Vice President of the IWF His workload was only lessened by the growing onset of blindness, but he continued to be take an active interest in the sport right up to his death on June 28th 2011.

GENERAL ELECTION RESULTS

Australia – Australia has a new President, Dr. Robert Mitchell, who has taken over after the resignation of former President, Robert Kabbas. Congratulation Dr. Mitchell and the CWF wishes you all the very best..

Scotland – Scotland held its Annual General Meeting on Saturday, 14th May 2011 The officers elected are: Chairman: David Webster OBE, Vice Chairman: John McNiven MBE, Secretary : Colin Hannah , Directors: Jim Holland and Alex Phillip. Congratulation to all and best wishes for the forthcoming Commonwealth Games to be held in Glasgow.

FUTURE COMMONWEALTH CHAMPIONSHIPS

During the Commonwealth Championships to be held in South Africa this year (October 10-15) a decision will be made by the Congress on the 2012 Commonwealth Championships and the 2013 Commonwealth Championships. In 2012 it is the turn for the Oceania region to host the event and there are two countries from the Oceania region who are bidding for this. Whilst in 2013, it is the turn for Europe and there are also two countries interested to host the championships.

Paul Coffa
General Secretary