

**DAY 3** - August 31, 2011

## Latest News

### VIP'S KEEP COMING TO THE INSTITUTE



The new President of the PNG Weightlifting Federation Sir John Dawanincura visited the Institute today. With him was the Vice President of the OWF, Frank Robby. Sir John for many years was the General Secretary of the PNG Olympic Committee and he was also a past President of the Pacific Games Council.

The Oceania Weightlifting Institute is buzzing with excitement. Teams from Kiribati, Fiji, Nauru, American Samoa, Palau, Micronesia, Tuvalu, Wallis & Futuna and Papua New Guinea are training at their best to prepare for Monday, the start of weightlifting.

NC2011 has really put every effort in to making sure that weightlifting will be at its best. 23 platforms are used continually in training. Saunas are available for the athletes at the institute. The teams are training daily in four shifts. The first group of countries starts at 9.30am, the second group starts at 11.30am, the third group at 2pm and the last group at 4pm. The atmosphere is so great that some of the lifters are saying that the training is of the highest level, at Olympic and world championships standard.

All International Jury members and Category 1 referees will start to arrive this Thursday and Friday. With the inclusion of the New Caledonia lifters and a further three other countries Cook Islands, Vanuatu and Marshall Islands, arriving within the next day, the full 18 countries will be here.



Hapilyn Iro from the Solomon Islands entertaining the lifters after training.



Even late at night, the Institute is buzzing. The National Olympic Committee of Kiribati and the Kiribati Weightlifting Federation visited the General Secretary of the OWF. From left to right is Toare Toaneti, weightlifting coach of Kiribati, the President of the National Olympic Committee, Mr Peter Birati, another official from Kiribati and Willy Uan, the General Secretary of the Kiribati Weightlifting Federation.

### THE WEIGHTLIFTING VOLUNTEERS.



Des Hipa the President of the Niue Sports Association And National Olympic Committee visited the Institute also accompanying him was Mrs Hipa.



Name: Kimberley NOEL  
Hobby: dancing  
Q: What would you like to do in future.  
A: I am preparing to become a gendarm.  
Q: Why did you volunteer for weightlifting.  
A: Because I like the place where the lifters are training and the athletes I find to be nice and cute. This is the first time I have ever volunteered.



Name: Edward ARITOEHAU  
Hobby: Dancing /Mix Martial Arts  
Q: what would you like to do in future  
A. Police man.  
Q. Why did you volunteer for weightlifting.  
A: Landry a weightlifter ask me to join to be a weightlifting volunteer .  
Q: Do you like it.  
A: The lifters are great and the girls very lovely.