



**2017 COMMONWEALTH & OCEANIA
YOUTH – JUNIOR – SENIOR CHAMPIONSHIPS
GOLD COAST- AUSTRALIA**

Teams Training Timetable

Group	Teams	Number of lifters training
1	Australia A	52
2	Australia B	51
3	American Samoa, Cook Islands, Fiji, Kiribati, Marshal Islands, New Caledonia, Nauru, Papua New Guinea, Solomon Islands, Tonga	55
4	Canada, Malta, Nigeria, Niue, New Zealand, Saint Vincent	52
5	Malaysia, Pakistan, Samoa, Seychelles, Sierra Leone	45
6	England, South Africa, Scotland, Singapore, Wales	50
7	Barbados, India, Mauritius	50
8	Bangladesh, Ghana, Kenya, Sri Lanka	46

Sunday Sept 3		Monday Sept 4		Tuesday Sept 5		Wednesday Sept 6		Thursday Sept 7		Friday Sept 8	
Group	Time	Group	Time	Group	Time	Group	Time	Group	Time	Group	Time
1	07:30	8	07:30	7	07:30	6	07:30	5	07:30	4	07:30
2	09:00	1	09:00	8	09:00	7	09:00	6	09:00	5	09:00
3	10:30	2	10:30	1	10:30	8	10:30	7	10:30	6	10:30
4	12:00	3	12:00	2	12:00	1	12:00	8	12:00	7	12:00
5	13:30	4	13:30	3	13:30	2	13:30	1	13:30	8	13:30
6	15:00	5	15:00	4	15:00	3	15:00	2	15:00	1	15:00
7	16:30	6	16:30	5	16:30	4	16:30	3	16:30	2	16:30
8	18:00	7	18:00	6	18:00	5	18:00	4	18:00	3	18:00

Please note: The Training Hall closes at 19:30