

OCEANIA WEIGHTLIFTING FEDERATION

AFFILIATED TO THE INTERNATIONAL WEIGHTLIFTING FEDERATION



August, 2007

LATEST NEWS

MORE RECORDS TO ELE OPELOGE

Nineteen months ago Ele Opeloge from Samoa had no idea what weightlifting was. Sixteen months ago she competed for the first time internationally for Samoa at the Commonwealth Games held in Melbourne. She competed in the +75Kg category. Ele did 85Kg in the snatch and 100Kg. in the clean & jerk.

Last Friday, August 10th competing in the final test event in preparation for the South Pacific Games to be held in Apia- Samoa later this month, Ele set a new Oceania senior record in the snatch with 110Kg missing 113Kg for a Commonwealth record. She then went on to clean & jerk 150Kg in her second attempt setting a new Commonwealth and Oceania record. This also gave Ele a new Commonwealth and Oceania total record of 260Kg.

Ele will be competing next month in Thailand at the World championships in the +75Kg category, and she hopes to place in the top 10. She has improved so much in the last 12 months that if she continues to improve like she has, anything can happen in Beijing next year.

Another good performance was set up by Suzanne Hiram in the 48kg category. Suzanne snatched 72Kg and she totaled 157Kg all new Oceania senior and junior records.

WORLD CHAMPIONSHIPS TECHNICAL APPOINTMENTS

Three Oceania technical officials have been appointed by the IWF to officiate at this year's World Championships in Thailand. The officials are: Mr Tony Hole (Cook Islands), Mr Lyn Jones (Australia) and Mr Pedro Sanchez (Australia). *The OWF congratulates all the above officials on their appointments.*

ROYAL WORLD CHAMPIONSHIPS – CHIANG MAI, THAILAND

The Oceania region will be well represented at this year's World Championship to be held in Chiang Mai in the month of September. For the first time in its history 11 Oceania countries will be competing at a World Championships. The lifters competing are:

Nauru: 62Kg Bronco Dieranaw, 77Kg Yukio Peter, +105Kg Itte Detenamo and 48Kg Suzanne Hiram.

Australia: 58Kg Seen Lee, 63Kg Jacquie White and 77Kg Ben Turner.

FSM: 56Kg Manuel Minginfel

PNG: 53Kg Dika Toua

Solomon Islands: 58Kg Wendy hale

Palau: 63Kg Alexandrina Patris

Cook Islands: +105Kg Sam Pera Jun.

Samoa: +75Kg Ele Opeloge, 105Kg Niusila Opeloge

Tonga: +75Kg Kefilini Tualau

Tuvalu: 69Kg Logona Esau

Kiribati: 85Kg David Katoatau

GREAT SCOOP FOR WEIGHTLIFTING IN NIUE

Congratulations to Sioe Haioti +75Kg category lifter from Niue, for winning the Sportswoman of the Year. Whilst Narita Viliamu +75kg junior lifter won the Junior Sportswoman of the Year and Speedo Hetutu Coach of the year. Alan Tano, the President of Weightlifting in Niue and one of the top officials in the Oceania region won the Outstanding Official Award for his work in the Niue Sports and National Olympic Committee. A great scoop for weightlifting.

OLYMPIC YOUTH GAMES 2010

At the recent IOC Session held in Guatemala it was decided to establish the Olympic Youth Games for youth up to the age of 18yrs. The first Olympic Youth Games will be held in year 2010

CONGRATULATION TUVALU

The country of Tuvalu at the recent IOC Session held in Guatemala was voted into the Olympic family. Therefore Tuvalu has become the newest member of the International Olympic Committee and will be competing in its first Olympics next year in Beijing. The sport of weightlifting has been a constant supporter of Tuvalu for many years in its bid to become a member of the IOC. *Congratulations Tuvalu.*

SOUTH PACIFIC GAMES- APIA, SAMOA

The 13th South Pacific Games will take place in Apia, Samoa from August 25th to September the 8th. The weightlifting event will be held from August 27th to the 29th Sixteen countries are taking part in weightlifting. The countries are:

Samoa, Tonga, Niue, Cook Islands, Tahiti, Wallis & Futuna, New Caledonia, Fiji, Tuvalu, American Samoa, Solomon Islands, Papua New Guinea, Nauru, Micronesia, Palau and Kiribati.

IWF WORLD CUP AND COMMONWEALTH AND OCEANIA CHAMPIONSHIPS

Finally the 2007 Commonwealth & Oceania Championships will be held in conjunction with the IWF World Cup in Apia, Samoa November 26th – December 1st. You can find the regulations of the tournament including entry forms and other details on the OWF website www.oceaniaweightlifting.com. on Tuesday August 14th



COMING UP:

XIII South Pacific Games – Apia, SAMOA. August 25 - September 8

The Royal World Weightlifting Championships – Chiang Mai, THAILAND. September 14-26

IWF World Cup and Commonwealth & Oceania Championships, Apia –Samoa ,November 26th December 1st

Paul Coffa MBE

GENERAL SECRETARY

OCEANIA WEIGHTLIFTING FEDERATION