

Commonwealth Senior & Junior Championships

Penang, Malaysia
19 - 23 October 2009

RESULTS - WOMEN

WOMEN 48KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
NGANGBAM SONIYA CHANU	1980	IND	47.90	72	95	167	255.5268	1	-
PORTIA VRIES	1984	RSA	48.00	66	92	158	241.3113	2	-
BANGARU USHA	1991	IND	47.30	66	86	152	235.1973	-	1
KATHLEEN HARE	1987	PNG	46.64	60	80	140	219.3911	3	-
DIEKSHA GAIKWAD	1990	IND	47.86	61	78	139	212.8411	-	2
KATHSIA TELEMAQUE	1989	SEY	47.38	65	73	138	213.2119	4	3
NURNIADA NORDIN	1988	MAS	46.42	60	70	130	204.599	5	-
S.D.PEDURUARCHCHI	1983	SRI	47.44	52	60	112	172.8461	6	-

WOMEN 53KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
CLEMENTINA AGRICOLE	1988	SEY	52.72	77	100	177	249.8803	1	-
MINATI SETHI	1990	IND	52.76	75	100	175	246.9078	2	-
KULUSU SANDHYA	1990	IND	50.98	68	87	155	224.8596	-	1
J.N.NADINI GUNESEKARA	1975	SRI	52.06	68	86	154	219.616	3	-
CHANDHARR BALVIR KAUR	1991	IND	52.40	68	85	153	217.0507	-	2
NEELAM SETTY VENI	1982	IND	52.70	68	82	150	211.8269	4	-
SY.INANI NAJIWA	1990	MAS	51.46	66	80	146	210.1777	5	3
FAYEMA AKHTER	1991	BAN	52.60	65	78	143	202.2475	-	4
KATE HOWARD	1979	NZL	52.68	66	77	143	202.0027	6	-

WOMEN 58KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
RITA KARI	1989	PNG	57.40	72	103	175	231.6602	1	1
MONA PRETORIUS	1988	RSA	57.44	78	97	175	231.5445	2	-
MARIA LIKU	1990	FIJ	57.50	70	90	160	211.5396	3	2
NURUL ISMAYANTI NORDZUAN	1987	MAS	57.06	66	83	149	198.088	4	-
ELYONE MATIN	1990	MAS	54.06	65	80	145	200.7149	5	3
ZAYANDA MJEZU	1992	RSA	57.58	62	83	145	191.5172	6	4
FIROZA PARVIN	1986	BAN	57.16	60	67	127	168.6267	7	-
J.A.S.NIRMANI	1988	SRI	56.98	56	70	126	167.6808	8	-
DANIELLE CALLENDER	1996	BAR	55.68	55	65	120	162.4276	9	5
JAMIE EMMA WEE	1993	SIN	57.56	42	50	92	121.5445	-	6
FATIN ATIKAH OSMAN	1993	MAS	54.74	60	-	-	-	-	-
D.A SHYAMALEE RANASINGHE	1982	SRI	57.18	-	-	-	-	-	-

WOMEN 63KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
HIJAM POIREINGANBI CHANU	1980	IND	62.76	86	101	187	233.0362	1	-
GARA ARUNA RANI	1991	IND	62.08	76	98	174	218.3544	-	1
MICHELLE KAHU	1994	AUS	62.64	76	88	164	204.6231	2	2
KHAIRANI MOHD MALIK	1992	MAS	61.60	62	84	146	184.1424	3	3
NOR HASLIZA SABANI	1991	MAS	58.46	62	81	143	186.859	-	4
ROKEYA SULTANA SATHY	1994	BAN	62.60	50	65	115	143.5442	-	5
JACQUIE WHITE	1982	AUS	62.70	-	95	-	-	-	-

WOMEN 69KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
NANSITA DEVI	1974	IND	68.42	79	96	175	207.1431	1	-
REENA	1991	IND	65.00	76	91	167	203.6399	-	1
GUBA HALE	1985	PNG	66.76	77	90	167	200.4489	2	-
YUSLINDA MAT ISA	1989	MAS	68.48	63	80	143	169.183	3	-
NORKHASIDAH HALIM	1991	MAS	63.52	62	75	137	169.4371	-	2

WOMEN 75KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
BABALWA NDLELENI	1979	RSA	73.70	83	112	195	222.0274	1	-
BELINDA VAN TIENEN	1986	AUS	74.82	86	108	194	219.2915	2	-
K.PREMILA DEVI	1990	IND	74.02	81	105	186	211.3344	-	1

CHANTAL LAMBRECHS	1990	NZL	73.86	72	89	161	183.1214	3	2
M.M.D. HARISCHANDRA	1985	SRI	74.24	64	76	140	158.8412	4	-

WOMEN +75KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
GEETA RANI	1981	IND	111.80	102	132	234	235.428	1	-
NARITA VILIAMU	1989	NIU	137.44	92	123	215	215.000	2	1
TRACEY LAMBRECHS	1985	NZL	98.00	93	115	208	213.899	3	-
TEY SHAN FUNG	1990	MAS	94.08	77	101	178	184.891	4	2
LUISA PETERS	1993	COK	84.78	58	74	132	141.633	5	3

RESULTS - MEN

MEN 56KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
VALLURI SRINIVASA RAO	1981	IND	55.98	110	133	243	376.6146	1	-
VELU VINOTH KUMAR	1984	IND	55.70	111	126	237	368.7449	2	-
SUKHEN DEY	1989	IND	55.80	104	133	237	368.2322	-	1
SWAPNIL GHAGARE	1990	IND	55.88	98	125	223	346.0958	-	2
MOHD FAZLI DOLLAH	1989	MAS	53.74	100	120	220	352.1013	3	3
MANUELI TULO	1990	FIJ	55.94	95	121	216	334.9536	4	4
S. LIYANARACHCHI	1991	SRI	55.98	90	120	210	325.4694	-	5
MOREA BARU	1990	PNG	55.40	85	110	195	304.6754	5	6
LOU GUINARES	1990	NZL	55.12	80	105	185	290.1982	6	7
LAPUA LAPUA	1991	TUV	55.92	75	105	180	279.2052	7	8
VESTER YOUNG	1991	NZL	55.84	78	98	176	273.3033	8	9
JOE OWEN	1993	WAL	55.30	65	-	-	-	-	-
W.G.K. BANDARA	1985	SRI	55.92	0	-	-	-	-	-

MEN 62KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
RUSTAM SARANG	1988	IND	61.92	119	147	266	382.6724	1	-
OTARI OMKAR SHEKHAR	1987	IND	61.90	120	145	265	381.3206	2	-
MOHD OSMAN ABDUL KADIR	1988	MAS	61.82	115	135	250	360.0644	3	-
KURUMOJU RAMESH KUMAR	1989	IND	61.80	108	139	247	355.8248	-	1
D.M.I.C.DISSANAYAKE	1989	SRI	61.80	103	130	233	335.6566	-	2
HASANORZAMAN	1991	BAN	61.82	105	127	232	334.1398	-	3
MOHD KHAIROL RIDZUAN	1990	MAS	60.70	98	130	228	332.6782	-	4
A.A.C. ATHUKORALA	1984	SRI	61.52	100	125	225	325.1743	4	-
ALPHONSO ADONIS	1987	RSA	61.04	97	125	222	322.631	5	-
S.H.D.H. BANDARA	1990	SRI	61.90	101	120	221	318.007	-	5
MATHEW MADSEN	1991	NZL	61.52	90	125	215	310.7221	6	6
IANNE GUINARES	1988	NZL	60.42	91	119	210	307.4348	7	-
MOSES WAK	1986	PNG	60.76	75	95	170	247.8738	8	-
LUWELLYNE PHILLIPS	1989	RSA	61.46	-	-	-	-	-	-
SIMUL KANTI SINGHA	1986	BAN	61.56	-	-	-	-	-	-

MEN 69KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
KATULU RAVI KUMAR	1988	IND	68.76	137	170	307	411.7819	1	-
GOVINDAN ELUMALAI	1984	IND	68.82	135	170	305	408.8736	2	-
GARUV DUBEY	1990	IND	68.68	121	150	271	363.7627	-	1
AHMAD FAUZI HASIBULLAH	1989	MAS	66.74	122	145	267	365.0608	3	2
HAMIDUL ISLAM	1975	BAN	68.92	115	147	262	350.9072	4	-
MOIDA RAMAKRISHINA	1992	IND	68.68	116	142	258	346.3129	-	3
STEVEN KARI	1993	PNG	67.94	110	140	250	337.8989	5	4
P.G.C. GUNAPALA	1979	SRI	68.96	105	145	250	334.7126	6	-
MINIKHAYA NGWELLE	1992	RSA	64.04	100	112	212	297.9576	7	5
IAN CRITCHLOW	1991	WAL	68.94	85	105	190	254.4281	8	6
U.G.R.J.KUMARATUNGA	1991	SRI	64.06	80	105	185	259.9548	-	7
RESHVEEN RAJENDRAN	1992	SIN	68.88	72	103	175	234.4705	-	8
WU CHUANFU	1983	SIN	68.66	136	-	-	-	-	-
OTSILI GREG SHUSHU	1980	RSA	66.92	112	-	-	-	-	-

MEN 77KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
PETER YUKIO	1984	NRU	76.94	150	185	335	420.2977	1	-

DAVID SARKISIAN	1986	AUS	76.24	130	156	286	360.6599	2	-
ANUPDEO TOPPO	1990	IND	75.30	120	154	274	347.9645	-	1
AJAYDEEP SARANG	1990	IND	74.20	120	153	273	349.6447	-	2
JOSEFA ATEKINI VUETI	1979	FIJ	76.16	116	151	267	336.899	3	-
CODY COLE	1990	NZL	73.94	121	145	266	341.3762	4	3
MOHD AZARUDDIN NORDIN	1989	MAS	70.82	105	137	242	318.6851	5	-
DOUGLAS SEKONE FRASER	1991	NZL	74.92	101	131	232	295.4815	6	4
ABDUL MUBIN RAHIM	1991	MAS	75.10	-	-	-	-	-	-
VELU PRABHU	1982	IND	76.50	-	-	-	-	-	-

MEN 85KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
DAVID KATOATAU	1984	KIR	84.64	135	180	315	375.9533	1	-
MALEK CHAMOUN	1989	AUS	84.62	133	140	273	325.864	2	1
BRANDON INNISS	1993	BAR	81.18	110	145	255	310.8301	3	2
J.I.S.K. JAYAKODY	1974	SRI	79.00	113	130	243	300.4973	4	-
DERRICK KIM	1983	SIN	77.70	110	130	240	299.4772	5	-
D.R.M.M.ELLEPOLA	1989	SRI	83.56	100	124	224	269.051	-	3
JAKE DAVIES	1994	WAL	84.18	87	105	192	229.7689	6	4
SIRLA PERA	1992	COK	83.36	101	-	-	-	-	-

MEN 94KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
JEAN GREEFF	1990	RSA	92.60	133	163	296	338.9546	1	1
R.R.SAMARASEKARA	1985	SRI	85.86	120	155	275	325.9374	2	-
MOHD NORAMIN	1989	MAS	92.08	121	151	272	312.23	3	2
D.I.NICHOLAS	1977	SRI	85.32	115	130	245	291.2677	4	-
I.M.A.WAHABDEEN	1989	SRI	91.44	80	100	180	207.2521	-	3
MD.FORHAD ALI	1986	BAN	93.48	-	135	-	-	-	-

MEN 105KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
IVORN McKNEE	1981	BAR	103.92	150	187	337	368.9098	1	-
MEAMEAA THOMAS	1985	KIR	103.08	145	178	323	354.6014	2	-
STAS CHALAEV	1986	NZL	102.78	140	175	315	346.1794	3	-
MOHD SHAFIQ HUSSIN	1990	MAS	103.44	115	140	255	279.6017	4	1

MEN +105KG	Birth	NAT	B/WT	Snatch	C&J	Total	Sinclair	Senior	Junior
ITTE DETENAMO	1986	NRU	151.38	170	211	381	383.5186	1	-
SANDEEP KUMAR	1980	IND	119.54	140	180	320	335.7261	2	-
SAUFIK AHMAD	1988	MAS	142.62	142	172	314	318.2516	3	-
VOMPU PRABHAKAR	1991	IND	114.40	127	164	291	308.9552	-	1
R.P.M.S.WIJERATHNE	1980	SRI	105.32	130	150	280	305.0941	4	-
MOHD AIZAT ZAINI	1987	MAS	127.02	120	160	280	289.5992	5	-
P.M.M.N. CHATURANGA	1988	SRI	108.84	110	145	255	274.8476	6	-
U.H.R.A.J.DE SILVA	1989	SRI	124.50	115	140	255	264.9138	-	2
LEWIS CHUA YONG HWEE	1991	SIN	120.10	100	120	220	230.5377	7	3

TEAM POINTS

WOMEN - SENIOR	48	53	58	63	69	75	+75	Total
India	28	47		28	28		28	159
Malaysia	21	21	43	23	23		22	153
South Africa	25		45			28		98
Sri Lanka	20	23	18			22		83
Papua New Guinea	23		28		25			76
New Zealand		20				23	23	66
Seychelles	22	28						50
Australia				25		25		50
Niue							25	25
Fiji			23					23
Cook Islands							21	21
Bangladesh			19					19
Barbados			17					17

WOMEN - JUNIOR	48	53	58	63	69	75	+75	Total
-----------------------	-----------	-----------	-----------	-----------	-----------	-----------	------------	--------------

India	53	53		28	28	28		190
Malaysia		23	23	45	25		25	141
Bangladesh		22		21				43
Papua New Guinea			28					28
Niue							28	28
New Zealand						25		25
Fiji			25					25
Australia				25				25
Seychelles	23							23
Cook Islands							23	23
South Africa			22					22
Barbados			21					21
Singapore			20					20
Sri Lanka								0

MEN - SENIOR	56	62	69	77	85	94	105	+105	Total
India	53	53	53					25	184
Malaysia	23	23	23	21		23	22	44	179
Sri Lanka		22	20		22	47		42	153
New Zealand	38	39		42			23		142
South Africa		21	19			28			68
Papua New Guinea	21	18	21						60
Nauru				28				28	56
Kiribati					28		25		53
Barbados					23		28		51
Australia				25	25				50
Fiji	22			23					45
Singapore					21			19	40
Bangladesh			22						22
Wales					20				20
Tuvalu	19								19
Wales			18						18
Seychelles									0
MEN - JUNIOR	56	62	69	77	85	94	105	+105	Total
India	53	28	51	53				28	213
Sri Lanka	21	46	19		23	23		25	157
Malaysia	23	22	25			25	28		123
New Zealand	36	20		45					101
South Africa			21			28			49
Papua New Guinea	20		22						42
Wales			20		22				42
Singapore			18					23	41
Australia					28				28
Barbados					25				25
Bangladesh		23							23
Fiji	22								22
Tuvalu	18								18
Seychelles									0

Commonwealth Senior & Junior Best Lifters

WOMEN BEST LIFTER: SENIOR - NGANGBAM SONIYA CHANU (IND)
WOMEN BEST LIFTER: JUNIOR - BANGARU USHA (IND)

MEN BEST LIFTER: SENIOR - YUKIO PETER (NAURU)
MEN BEST LIFTER: JUNIOR - SUKHEN DEY (IND)