



OCEANIA WEIGHTLIFTING FEDERATION

2010 OCEANIA WEIGHTLIFTING RANKINGS

MEN - (Top 10)

56 Kg Category:	NAT	Y/B	B/W	SNATCH	C&JERK	TOTAL	DATE
1 Manuli Tulo	FIJ	1990	55.70	105	140	245	20/11/10
2 Ioane Vaipava Nevo	ASA	1988	56.00	98	127	225	30/06/10
3 Lou Guinares	NZL	1990	55.46	94	124	218	04/10/10
3 Elson Brechtefeld	NRU	1994	56.00	96	122	218	20/11/10
5 Morea Baru	PNG	1990	55.36	90	115	205	04/10/10
6 Lapua Lapua	TUV	1991	55.80	86	106	192	05/05/10
7 Matthew Tolo	SOL	1981	56.00	85	100	188	29/06/10
8 David Hockings	AUS	1991	55.95	75	98	173	30/10/10
9 Damian Hewish	AUS	1964	55.85	80	92	172	13/11/10
10 Tatatua Tierere	KIR	1991	56.00	75	90	165	30/06/10

62 Kg Category:

1 Daniel Koum	AUS	1985	61.85	119	145	264	11/10/10
2 Vannara Be	AUS	1988	61.80	117	143	260	23/10/10
2 Manuel Minginfel	FSM	1978	62.00	110	150	260	30/06/10
4 Cameron Sinclair	NZL	1987	60.36	113	138	251	05/10/10
5 Manuli Tulo	FIJ	1990	60.70	100	140	240	28/02/10
5 Lou Guinares	NZL	1990	61.30	105	135	240	14/08/10
7 David De Rose	AUS	1982	61.95	103	130	233	01/05/10
8 Lapua Lapua	TUV	1991	61.42	105	125	230	14/12/10
9 Brown Ramoaka	SOL	1988	61.40	95	125	220	29/06/10
10 Michael Taufua	TGA	1993	61.53	97	120	217	00/08/10

69 Kg Category:

1 Mark Spooner	NZL	1984	68.72	123	157	280	06/10/10
2 Francois Etoundi	AUS	1984	69.00	125	150	275	05/05/10
3 Daniel Koum	AUS	1985	64.80	115	150	265	26/06/10
3 Steven Kari	PNG	1993	69.00	115	150	265	31/07/10
5 Bronco Dairanauw	NRU	1991	68.80	115	145	260	30/06/10
6 Manuel Minginfel	FSM	1978	64.00	105	150	255	07/08/10
6 Ika Aliklik	NRU	1985	68.01	115	140	255	06/10/10
6 Takenibeia Toromon	KIR	1992	68.90	115	145	255	20/11/10
9 Toafito Perite	SAM	1985	68.27	107	146	253	06/10/10
10 Cameron Sinclair	NZL	1987	63.35	107	138	245	13/06/10

77 Kg Category:

1 Yukio Peters	NRU	1984	76.61	148	185	333	07/10/10
2 Ben Turner	AUS	1984	76.39	133	175	308	07/10/10
3 Faavae Faauliuli	SAM	1983	76.97	132	170	302	28/02/10
4 Steven Kari	PNG	1993	76.02	127	169	296	15/12/10
5 Francois Etoundi	AUS	1984	71.75	133	160	293	26/06/10
6 Peni Taqua	FIJ	1982	74.80	120	160	280	17/12/10
7 Ricky Gulyanov	AUS	1989	76.72	132	152	284	15/05/10
8 Symon Caleb	NZL	1982	77.00	121	155	276	17/07/10
9 Mark Spooner	NZL	1984	73.80	125	150	275	13/02/10
9 Cody Cole	NZL	1990	75.17	120	155	275	04/07/10



85 Kg Category:

1 Yukio Peter	NRU	1984	78.80	160	200	360	20/11/10
2 Simplicie Ribouem	AUS	1982	84.69	150	183	333	08/10/10
3 Richard Patterson	NZL	1983	84.13	150	181	331	08/10/10
4 Joe Vueti	FIJ	1979	85.00	134	176	310	21/03/10
5 Malek Chamoun	AUS	1989	84.98	135	170	305	11/12/10
6 Steven Kari	PNG	1993	79.80	131	172	303	20/11/10
7 Tia Falesuani	SAM	1986	83.50	130	170	300	28/02/10
8 Troy Hewkins	AUS	1986	84.30	127	157	284	13/02/10
9 Daniel Harris	AUS	1982	84.94	117	155	272	11/09/10
10 Val-John Starr	NRU	1989	85.00	115	152	267	15/03/10

94 Kg Category:

1 Richard Patterson	NZL	1983	87.50	150	193	343	17/04/10
1 Simplicie Ribouem	AUS	1982	88.90	152	191	343	06/05/10
3 Faavae Faauliuli	SAM	1983	93.27	142	192	334	09/10/10
4 David Katoatau	KIR	1984	92.13	135	186	321	09/10/10
4 Max Dalsanto	AUS	1985	93.10	145	176	321	20/03/10
6 Andrew Ciancio	AUS	1978	93.70	140	170	310	12/06/10
7 Ben Mulder	AUS	1978	90.60	130	165	295	20/03/10
8 Joe Vueti	FIJ	1979	88.30	128	165	293	06/05/10
9 Zac Grgurevic	AUS	1991	93.32	130	162	292	11/12/10
10 Teataua Tito	KIR	1981	90.75	120	170	290	09/10/10

105 Kg Category:

1 Niusila Opeloge	SAM	1980	104.90	150	204	354	28/02/10
2 Meameaa Thomas	KIR	1985	104.70	152	195	347	13/02/10
3 Stanislav Chalaev	NZL	1986	104.40	150	184	334	10/10/10
4 Robert Galsworthy	AUS	1980	104.77	145	184	329	10/10/10
5 Alex Karapetyan	AUS	1970	100.50	150	175	325	26/06/10
5 Lad Singh	AUS	1983	105.00	155	170	325	13/02/10
7 Ali Gulyamov	AUS	1985	103.08	140	165	305	11/12/10
8 Michael Pileggi	AUS	1975	103.90	137	167	304	21/02/10
9 Tovia Opeloge	SAM	1990	101.70	131	170	301	06/05/10
10 Luaki Amete	NCL	1965	103.80	130	170	300	29/05/10

105+Kg Category:

1 Itte Detenamo	NRU	1986	156.00	181	222	403	20/11/10
2 Damon Kelly	AUS	1983	149.06	176	221	397	11/10/10
3 Corran Hocking	AUS	1980	146.50	170	193	363	26/06/10
4 Meameaa Thomas	KIR	1985	106.30	157	198	355	28/02/10
5 Sam Pera Jun.	COK	1989	127.72	150	190	340	16/12/10
6 Stanislav Chalaev	NZL	1986	107.30	148	184	332	12/06/10
7 Daniel Nemani	NIU	1981	137.32	142	171	313	16/12/10
8 Adam Kok	AUS	1990	117.70	140	170	310	04/05/10
9 Theron Taupau	ASA	1989	145.00	130	170	300	30/06/10
9 Jono McFarlane	NZL	1987	148.50	130	170	300	13/03/10



WOMEN - (Top 10)

48 Kg Category:	NAT	Y/B	B/W	SNATCH	C&JERK	TOTAL	DATE
1 Vivian Lee	AUS	1978	47.66	69	91	160	11/10/10
2 Kathleen Hare	PNG	1988	47.80	65	83	148	30/06/10
3 Socheata Be	AUS	1989	48.00	62	78	140	01/05/10
4 Deborah Groves	AUS	1970	47.92	57	70	127	16/10/10
5 Arieta Mudu	FIJ	1993	47.90	40	55	95	17/12/10
6 Mary Macken	AUS	1961	47.95	44	50	94	27/06/10
7 Malani Seruwaia	FIJ	1993	46.50	37	52	89	17/12/10
8 Courtenay Chisholm	AUS	1995	46.50	38	50	88	04/05/10
8 Kara Stuart	AUS	1994	47.15	38	50	88	20/03/10
10 Koi Gele	PNG	1995	41.02	35	50	85	28/02/10

53 Kg Category:

1 Erika Yamasaki	AUS	1987	52.65	75	96	171	26/06/10
2 Vivian Lee	AUS	1978	49.15	68	87	155	28/08/10
3 Kate Howard	NZL	1979	53.00	68	85	153	17/07/10
4 Socheata Be	AUS	1989	51.45	68	83	151	28/08/10
5 Rebecca Rush	AUS	1982	53.00	63	78	141	20/03/10
6 Dogodo Itolo	PNG	1992	52.44	63	75	128	05/10/10
7 Deborah Groves	AUS	1970	51.85	54	73	127	04/09/10
8 Aro Frank	PNG	1990	52.90	50	73	123	30/06/10
9 Kirsten Wu	AUS	1993	52.60	53	68	121	04/05/10
10 Ramuinu Samuel	PNG	1993	52.50	50	70	120	30/06/10

58 Kg Category:

1 Seen Lee	AUS	1982	57.50	88	106	194	26/06/10
2 Rita Kari	PNG	1989	57.90	80	107	187	30/06/10
3 Maria Liku	FIJ	1990	57.90	70	95	165	28/02/10
4 Kate Howard	NZL	1979	53.90	68	85	153	14/08/10
5 Kirsten Wu	AUS	1993	57.90	63	83	146	30/10/10
6 Rebecca Rush	AUS	1982	56.85	61	80	141	23/10/10
6 Bianca Sheppard	AUS	1992	57.70	68	73	141	13/02/10
8 Diana Waikori	SOL	1988	58.00	60	80	140	29/06/10
9 Jessica Edge	AUS	1986	56.92	61	76	137	16/10/10
10 Monalisa Kassman	PNG	1992	57.10	60	75	135	05/05/10

63 Kg Category:

1 Seen Lee	AUS	1982	58.70	90	106	196	29/05/10
2 Rita Kari	PNG	1989	60.80	78	100	178	28/02/10
3 Jacquie White	AUS	1982	62.20	81	96	177	20/03/10
4 Faitoga Togagae	SAM	1989	61.87	76	100	176	07/10/10
5 Nicole Chamberlain	AUS	1978	62.94	77	90	167	29/05/10
6 Michelle Kahi	AUS	1994	62.43	74	92	166	17/08/10
7 Jenly Tegu Wini	SOL	1983	60.40	70	95	165	07/10/10
8 Christine Meier	AUS	1983	62.25	73	88	161	30/10/10
9 Melissa Robinson	AUS	1981	61.50	70	88	158	30/10/10
10 Maria Liku	FIJ	1990	60.30	70	85	155	17/12/10



69 Kg Category:	NAT	Y/B	B/W	SNATCH	C&JERK	TOTAL	DATE
1 Belinda Van Tienen	AUS	1986	68.70	86	104	190	20/03/10
2 Manu Ah Kuoi	SAM	1982	67.70	80	107	187	05/05/10
3 Camilla Fogagnolo	AUS	1986	68.38	77	106	183	13/03/10
4 Guba Hale	PNG	1985	68.50	80	100	180	30/06/10
5 Nicole Chamberlain	AUS	1978	66.30	82	94	176	20/03/10
6 Chantal Lambrech	NZL	1990	68.75	75	97	172	17/07/10
7 Michelle Kahi	AUS	1994	68.50	74	95	169	27/11/10
8 Tasha Williams	NZL	1973	69.00	68	99	167	13/03/10
9 Alexandra Patris	PLW	1989	69.00	70	95	165	07/08/10
10 Rachel Griffiths	AUS	1984	68.36	71	93	164	13/11/10

75 Kg Category:

1 Mary Opeloge	SAM	1992	74.26	93	121	214	09/10/10
2 Jenna Myers	AUS	1986	74.22	95	113	208	09/10/10
3 Micheala Detenamo	NRU	1992	74.24	90	110	200	09/10/10
4 Belinda Van Tienen	AUS	1986	73.20	87	109	196	28/08/10
4 Amanda Phillips	AUS	1981	74.18	86	110	196	09/10/10
6 Tasha Williams	NZL	1973	72.50	72	103	175	13/02/10
7 Chantel Lambrech	NZL	1990	72.45	75	98	173	06/11/10
8 Alexandra Patris	PLW	1989	69.00	70	100	170	07/07/10
9 Elena Palamara	AUS	1986	69.80	68	88	156	26/11/10
10 Apolonia Vaivai	FIJ	1991	72.00	70	85	155	17/12/10

75+Kg Category:

1 Ele Opeloge	SAM	1985	123.09	125	160	285	10/10/10
2 Deborah Aason	AUS	1983	92.95	110	135	245	10/10/10
3 Narita Viliamu	NIU	1989	139.50	100	130	230	30/06/10
4 Tracey Lambrech	NZL	1985	100.09	99	127	226	10/10/10
5 Jenna Myers	AUS	1986	78.15	96	115	211	04/09/10
6 Luni Simanu	SAM	1993	100.38	86	110	196	10/10/10
7 Amanda Phillips	AUS	1981	78.60	85	105	190	13/02/10
8 Kate Kate Linford	AUS	1989	109.60	76	92	168	30/06/10
9 Kaithlyn Fassina	AUS	1990	86.05	80	85	165	23/10/10
10 Louisa Peters	COK	1993	89.68	66	90	156	15/12/10

