



MEETINGS

Sunday July 7

Pacific Games Technical Meeting -Weightlifting
Verification of entries
OWF Executive Board meeting
Pacific Games Opening Ceremony

09:00 Place Weightlifting Venue
11:00 Place Weightlifting Venue
13:30 Place Weightlifting Venue VIP room

Monday July 8

OWF Annual Congress
CWF Annual Congress
Technical Meeting
Coaching Seminar
Anti Doping Seminar

09:30 Place Tanoa Hotel Conference Room
14:00 Place Tanoa Hotel Conference Room
16:00 Place Tanua Hotel Conference room
17:00 Place Weightlifting Venue
18:00 Place Weightlifting Venue

PRELIMINARY TIMETABLE

Tuesday July 9

Session 1 - 09:00	Y40kg A & 45kgA	A	Women
Session 2 - 11:00	Y49kg A & 55kgB	B	Men
Session 3 - 13:00	49kg	A	Women
Session 4 - 15:30	55kg	A	Men
Session 5 - 18:00	55kg	A	Women

Wednesday July 10

Session 6 - 09:00	59Kg & 64kg	B	Women
Session 7 - 11:00	67kg & 73Kg	B	Men
Session 8 - 13:00	59kg	A	Women
Session 9 - 15.30	61kg	A	Men
Session 10 - 18.00	64kg	A	Women

Thursday July 11

Session 11 - 09:00	81kg & 89Kg	B	Men
Session 12 - 11:00	71kg	A	Women
Session 13 - 13:00	67kg	A	Men
Session 14 - 15:30	76kg	A	Women
Session 15 - 18:00	73kg	A	Men

Friday July 12

Session 16 - 09:00	96kg	B	Men
Session 17 - 11:00	81kg & Y+81kg	A	Women
Session 18 - 13:00	81kg	A	Men
Session 19 - 15:30	87kg	A	Women
Session 20 - 18:00	89kg	A	Men

Saturday July 13

Session 21 - 09:00	96kg	A	Men
Session 22 - 11:00	102kg	A	Men
Session 23 - 13:00	109kg	A	Men
Session 24 - 15:00	+87Kg	A	Women
Session 25 - 17:00	+109kg	A	Men